



Luke 17:5 NLT The apostles said to the Lord,
 "Show us **HOW TO INCREASE OUR FAITH.**"

Enlarging our ability to confidently trust in God and in His power
 IN Favor Resources video teaching series

#6 ENEMIES OF FAITH: WORRY

Matthew 6:25 "Therefore I tell you, do not **worry** about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? ²⁶ Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? ²⁷ Can any one of you by **worrying** add a single hour to your life? (Luke 12:26 Since you cannot do this very little thing, why do you **worry** about the rest?) ²⁸ And why do you **worry** about clothes? See how the flowers of the field grow. They do not labor or spin. ²⁹ Yet I tell you that not even Solomon in all his splendor was dressed like one of these. ³⁰ If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you—you of **little faith**? ³¹ So do not **worry**, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' ³² For the pagans run after all these things, and your heavenly Father knows that you need them. ³³ But seek first his kingdom and his righteousness, and all these things will be given to you as well. ³⁴ Therefore do not **worry** about tomorrow, for tomorrow will **worry** about itself. Each day has enough trouble of its own.

Words in bold are μεριμνάω, *merimnao*, to worry, to be anxious, to be (unduly) concerned about

FAITH? ← ← ← CONCERN → → → WORRY?

Philippians 4:6 Do not be **anxious** about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. ⁷ And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

1 Peter 5:7 Cast all your **anxiety** on him because he cares for you.

Pressing In:

What God says about worry: "_____."

Alexander Maclaren: "And what does your anxiety do? It does not empty tomorrow of its sorrows; but, oh, it empties today of its strength. It does not make you escape the evil, it makes you unfit to cope with it when it comes. It does not bless tomorrow, and it robs today ... Do not drag the future into the present ... Live in God's future, that the present may be bright; and work in the present, that the future may be certain."



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 YouTube channel: IN Favor Resources Email: infavorresources@gmail.com

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